



KELLYS JIMENEZ

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LICENSED MASSAGE THERAPIST & SPA THERAPIST

PROFESSIONAL SUMMARY

Licensed Dual Spa and Massage Therapist, Doctor of Oriental Medicine; Served diverse populations with an Emphasis on sculpting massage and cellulite reduction, weight and nutrition, postural improvement, stretching, strengthening, relaxation and rehabilitative services.

EDUCATION

Associate Degree in Health Science, Florida College of Natural Health
Miami, Florida

Bachelor Degree in Health Science, Florida College of Natural Health
Miami, Florida

Master Degree in Oriental Medicine, Acupuncture and Massage College
Miami, Florida

QUALIFICATIONS

Licensed as a Dual Spa and Massage Therapist in the State of Florida, September 2012

Masters of Science in Traditional Chinese Medicine

Licensed Acupuncture for Facial Rejuvenation

Licensed as Full Specialist and Body Wrapper in the State of Florida

PROFESSIONAL EXPERIENCE

Sculpting Massage and Cellulite Reduction with the use of technology as a Massage Therapist at Facial Spa and Body, North Miami, Florida, September 2012 - Present

Collaborated with plastic surgeons and dermatologists to provide patients with preoperative and postoperative skin care and body treatments as a Spa Therapist, IBODY AESTHETICS, Miami, Florida, March 2013 – Present

SKILLS

Ultracavitation, Radio Frequency, Power Plate machines

Assess clients with weight management, incorporating new eating habits and exercise routines

Provide clients with guidance and information about techniques for postural improvement and stretching, strengthening, relaxation, and rehabilitative exercises.

Offer alternatives during treatments to accommodate and achieve the desired results

Use complementary aids, such as hot stones, wet compresses, ice, heat lamp to promote clients' recovery, relaxation, and well being

Remove body and facial hair by applying wax

Examine clients' skin using magnifying visor, to evaluate skin condition and appearance

Treat the facial skin to maintain and improve its appearance, using specialized techniques, products and

machines Sterilize equipment and clean work areas

Mother Massage (Prenatal Massage)

Thai Massage

AIT (Acu-point Injection Therapy)

Deep Tissue Advanced Techniques

Hot Stones Massage

Reiki level I

Basics of Ayurveda